



ALAMO
COLLEGES

PALO ALTO COLLEGE

AS Kinesiology

Kinesiology Assessment of Degrees and Certificates

#1	AS Kinesiology Degree Student Learning Outcome <i>Students will know of the history and broad content within the disciplines of kinesiology and develop skills to enable the synthesis of concepts within and across disciplines.</i>
	Courses in the degree plan that address this outcome KINE 1301, KINE 1238, KINE 1304, KINE 1306
	Assessment Measure for this Outcome KINE1301 Foundations of Kinesiology-Final Exam KINE1238 Concepts of Fitness and Wellness-Practical Labs, Final Exam KINE1304 Personal Health-Paper/Presentation on Health-Related Topic KINE1306 First Aid and CPR-Skills Practical, Mid-term and Final Exams
	Achievement Target for this Measure 80% or better grade on comprehensive Final Exam in KINE1301 Completion of all practical labs with a P (pass) and 80% or better on Final Exam for KINE1238 80% or higher grade on research paper with class presentation for KINE1304 All skills tests completed with a P (pass) and 80% or better on Midterm and Final Exams in KINE1306
	Findings 74% of KINE majors scored 80% or better on the comprehensive Final Exam in KINE1301 90% of KINE majors completed all practical labs with a P in KINE1238 83% of KINE majors achieved a grade of 80% or better on the final exam for KINE1238 92% of KINE majors scored a grade of 80% or better on research paper/class presentation in KINE1304 88% of KINE majors completed all skills tests with a P (pass) in KINE1306
	Related Action Plans This outcome will be separated into two outcomes for the next program assessment cycle: <ol style="list-style-type: none"><i>Students will demonstrate knowledge of the history and broad content within the disciplines of kinesiology</i><i>Students will synthesize concepts within and across disciplines of kinesiology</i> Each of these outcomes will be assessed using a direct evidence measure (test items with blueprints for the subset of questions addressing each outcome on the KINE 1301 and KINE 1238 finals, common rubric for assessing the practical labs for each outcome in KINE 1238 and the skills test in KINE 1306, and a common rubric for assessing these two outcomes on the research/class presentation in KINE 1304). Instructors and advisors will make new efforts to emphasize the development of a solid knowledge base in discipline-related classes to Kinesiology majors.
#2	AS Kinesiology Degree Student Learning Outcome <i>Students will develop communication skills (oral and written), interpersonal skills, critical thinking skills, technological skills, and reflective skills necessary to enhance scholarly pursuits and become lifelong learners within the disciplines of kinesiology.</i>



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	Courses in the degree plan that address this outcome KINE 1301, KINE 1304
	Assessment Measure for this Outcome KINE1301 Foundations of Kinesiology -Speech Presentation on Kinesiology-related topic KINE1304 Personal Health-Paper/Presentation on Health-Related Topic
	Achievement Target for this Measure 80% or better combined grade (research+presentation) for speech on Kinesiology-related topic in KINE1301 80% or higher grade on research paper with class presentation for KINE1304
	Findings 95% of KINE majors achieved a combined research/presentation grade of 80% or better on Kinesiology-Related topic in KINE1301 92% of KINE majors scored a grade of 80% or better on research paper/class presentation in KINE1304
	<p>Related Action Plans</p> <p>This outcome will be separated into five outcomes for the next program assessment cycle:</p> <ol style="list-style-type: none">1. <i>Students will demonstrate communication skills (oral and written) necessary to enhance scholarly pursuits and become lifelong learners within the disciplines of kinesiology.</i>2. <i>Students will demonstrate interpersonal skills necessary to enhance scholarly pursuits and become lifelong learners within the disciplines of kinesiology.</i>3. <i>Students will demonstrate critical thinking skills necessary to enhance scholarly pursuits and become lifelong learners within the disciplines of kinesiology.</i>4. <i>Students will demonstrate technological skills necessary to enhance scholarly pursuits and become lifelong learners within the disciplines of kinesiology.</i>5. <i>Students will demonstrate reflective skills necessary to enhance scholarly pursuits and become lifelong learners within the disciplines of kinesiology.</i> <p>A rubric will be developed to assess each of these learning outcomes for the presentation speech in KINE 1301 and a rubric will be developed to assess each of these learning outcomes for the KINE 1304 research paper.</p> <p>Instructors will continue to stress the importance of discipline-related research to augment textbook material</p>
#3	AS Kinesiology Degree Student Learning Outcome <i>Students will perform basic motor skills and patterns and apply a variety of concepts, theories, and methods common to kinesiology and become equipped with the skills necessary to bridge the gap between theory and practice.</i>
	Courses in the degree plan that address this outcome All KINE core courses



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	Assessment Measure for this Outcome KINE core courses –Final Exams and Practical Skills Tests.
	Achievement Target for this Measure Completion of all skills tests in KINE core activity classes with grade of 80% or better Achievement of 80% or better grades on Final Written Exams in all KINE core activity classes
	Findings 87% of KINE majors completed all skills tests in KINE core activity classes with grade of 80% or better 81% of KINE majors achieved Final Written Exam grades of 80% or better in their KINE core activity classes
	Related Action Plans This outcome will be separated into three outcomes for the next program assessment cycle. <ol style="list-style-type: none">1. <i>Students will perform basic motor skills and patterns</i>2. <i>Students will apply a variety of concepts, theories, and methods common to kinesiology</i>3. <i>Students will demonstrate skills necessary to bridge the gap between theory and practice.</i> A common rubric will be created to assess these three outcomes across all core KINE activity courses and a test blue print for the finals in all core KINE activity courses will be developed showing that each of these outcomes are addressed on every core KINE activity course final for the next assessment cycle. Instructors will remind KINE majors of the need to well on both physical and knowledge aspects of KINE core activity classes
#4	AS Kinesiology Degree Student Learning Outcome <i>Students will demonstrate broad content knowledge, synthesize theoretical concepts, and develop strategies for applying appropriate teaching methods in variety teaching and learning environments within the disciplines of kinesiology.</i>
	Courses in the degree plan that address this outcome KINE 1301, KINE 1238, All KINE core courses
	Assessment Measure for this Outcome KINE1301 Foundations of Kinesiology -Lesson Plan Writing Assignment KINE1238 Concepts of Fitness and Wellness-Practical Lab Assignments KINE core courses - Practical Skills Tests
	Achievement Target for this Measure 80% or higher grade on the Lesson Plan Writing Assignment in KINE1301 Completion of all practical labs with a P (pass) for KINE1238 Completion of all skills tests in KINE core activity classes with grade of 80% or better
	Findings 79% of KINE majors achieved a grade of 80% or higher on the Lesson Plan Writing Assignment in KINE1301 90% of KINE majors completed all practical labs with a P in KINE1238 87% of KINE majors completed all skills tests in KINE core activity classes with grade of 80% or better



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Related Action Plans

This outcome will be separated into three outcomes for the next program assessment cycle.

1. *Students will demonstrate broad content knowledge*
2. *Students will synthesize theoretical concepts*
3. *Students will develop strategies for applying appropriate teaching methods in variety teaching and learning environments within the disciplines of kinesiology.*

A rubric for assessing the three outcomes will be developed for the lesson plan writing assignment in KINE 1238

A common rubric for assessing the three outcomes for skills tests in all KINE core activity classes will be developed.

Instructors will stress the importance of developing good lesson plans in the day-to-day activities of a physical education teacher